

Touristic region: Bas-Saint-Laurent



#### **Bistro Côté Est**

#### **CULINARY SPACE**

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### Description

Côté Est is a culinary lab that features a bar, Buvette, a summer restaurant, Cantina, and a gourmet boutique, Espace Découverte (discovery space), showcasing products from Eastern Quebec. Celebrate the bountiful harvest of the St. Lawrence with creative cuisine featuring locally sourced fish and seafood, meat, vegetables, and non-timber forest products. Côté Est is a space dedicated to fostering the discovery of the region's terroir and the land that nurtures it.

Côté Est's Espace Découverte is a tribute to Kamouraska's culinary roots, terroir, and know-how, which have made it a popular gourmet tourist destination. The culinary journey begins from the depths of the St. Lawrence River and extends to the far reaches of the forest and bountiful fields. Visitors can explore the region's culinary history through a self-guided interpretation trail on-site. Guided activities and entertainment are also available for groups. The experience can be enhanced by including a tour of the area occupied by Côté Est and the surrounding environment, such as access to the river and tidal flats, the seabirds, and seaside plants.

Inside the Espace Découverte gourmet boutique, themed display areas feature products that change with the seasons, allowing visitors to discover the work of partner producers.

#### **Distances**

From Montreal	395 km
From Quebec City	139 km

	Year-round:
Opening hours	Opening hours and services vary
	depending on the seasons
Guide service	Yes, bilingual
Clientele	FIT, groups, corporate groups

#### Available resources

Free Wi-Fi	Yes
Car parking	Yes, 24 cars
Bus parking	Yes, 2 buses
Accessibility	Partially accessible (restaurant and Espace Découverte only)





Canada Economic Development

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# Meetings, group services

Number of banquet rooms	2
Capacity	45 people on the ground floor and 20 people upstairs
Group activities	Guided tours, tastings

### Activities

Description	Duration	Restriction/details	Spaces/departures
Visite guidée - circuit d'interprétation	1 hour	Upon request	Up to 55 people
Local seasonal products tasting	30 minutes	Available at any time at the Espace Découverte counter	Subject to availability, 6 seats at the counter
Local products tasting	2 hours	Upon request Indoors	Up to 50 people
Culinary workshops, including tastings	1 hour	Upon request	Maximum group size: 10 people

### Restauration

Description	Brunch May/June and Septembre/Octobre	Breakfast	Dinner
Price range	Between \$35 and \$75	Between \$35 and \$75	Between \$50 and \$100
Reservation required	Yes	Yes	Yes
Number of places	55	55	55

## Certifications

<b>/</b>	GreenStep Soustainable Tourism
<b>/</b>	Aliments du Québec
/	Fourchette Bleue





